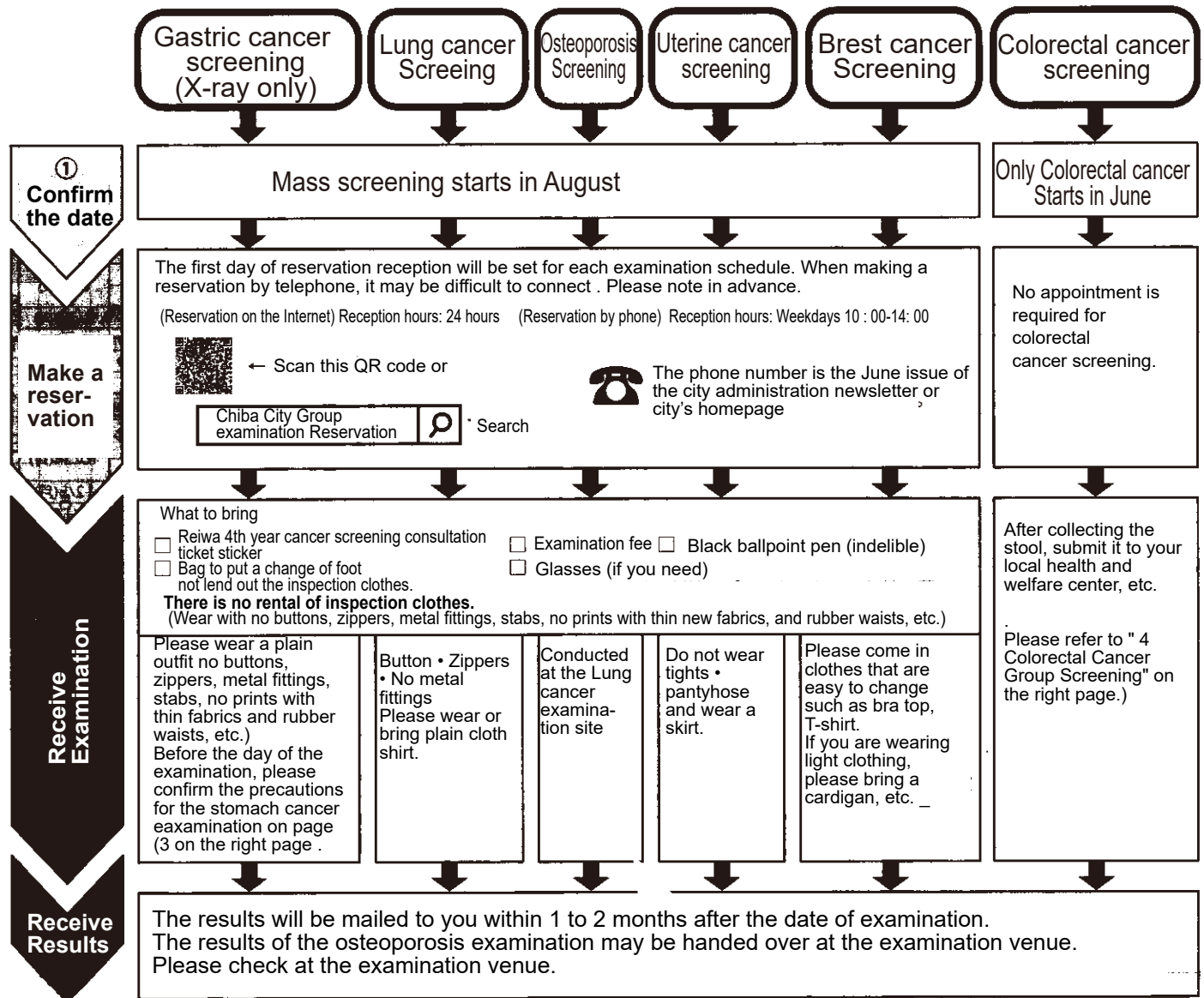


For those who undergo a mass screening for cancer in the year 2022

All group screenings except colorectal cancer screenings are by appointment only.

1 Cancer mass examination Flow of examination



2 Precautions on the day of group examination

- (1) Those who have not made a reservation in advance cannot receive a medical examination.
- (2) Please refrain from coming by car. Please use the public transportation.
- (3) Please come within the reserved reception time. Also, please refrain from arriving extremely early to prevent congestion in the venue.
- (4) Please wear a mask on the day of the event. In addition, as a general rule, please visit by yourself.
- (5) If you have a fever higher than normal or have a fever of 37.5 degrees or higher after measuring the temperature at home before the examination, or if you have a cold symptom, you are not feeling well, please refrain from seeing a doctor.
- (6) From the viewpoint of preventing the spread of infectious diseases, we may refuse to see you as a result of checking your health condition.
- (7) As a result of the interview, we may refuse the consultation.
- (8) Please manage your valuables by yourself.
- (9) Due to the safety structure of the imaging equipment, gastric cancer screening and lung cancer screening cannot be performed people weighing 120kg or more.
- (10) The schedule for mass screening may be changed or canceled in case of emergency.
- (11) After undergoing gastric cancer screening, lung cancer screening cannot be performed on the same day. If you are going to have a lung cancer screening, please do so at intervals of about one week.
- (12) Please see the back side for the venue for the "Child Care".

3 Precautions for gastric cancer mass screening

[People who cannot undergo mass screening for gastric cancer]

- (1) Hypersensitivity to barium preparations (Hives, suffocation, cold limbs, etc.).
- (2) Those who have had colorectal polyps resected within the past 2 months.
- (3) Those who have undergone laparotomy (laparoscopic), endoscopy, chest opening (including breast cancer), craniotomy, orthopedic surgery within the past year, Those who are out of the hospital for one year but do not have the permission of the attending physician (excluding orthopedics).
- (4) Those who have developed angina, myocardial infarction, cerebrovascular disease (cerebral infarction) within 1 year. Those who are out of the hospital for one year but do not have the permission of the attending physician (excluding orthopedics).
- (5) Those with a history of intestinal obstruction or volvulus, inflammatory disease (ulcerative colitis, Kuhn's disease) without the permission of the attending physician. Those who have been diagnosed with diverticulitis and have been treated, those who have no bowel movements for 3 days or more.
- (6) Those who have water restrictions due to kidney disease (kidney dialysis).
- (7) Those who have difficulty holding a standing position, moving smoothly according to the instructions of the technician.
- (8) If you are using a pacemaker or implantable defibrillator and do not have permission of the attending physician. There is a possibility of malfunctioning of the machine due to X-ray).
- (9) Those who are currently pregnant or suspected of being pregnant.

[Precautions before examination]

- (1) Gastric endoscopy is not available for mass screening. Please visit a medical institution of your cooperating doctor.
- (2) Meals: Do not take meals or smoke from 9 pm on the day before the examination until the end of the examination.
○ You can drink water until bedtime. Please do not drink tea, coffee, alcohol.
○ Water on the day of the examination (within 200 ml at least 2 hours before the reception time is permissible).
If you drank anything other than water, you can't receive the examination since we cannot perform the test accurately.
- (3) Medicine: Please consult your doctor for details on taking the medicine on the day of the examination.
○ People with diabetes: Do not take medicine or inject insulin before the examination. (There is a risk of hypoglycemia.)
○ For those with heart disease and high blood pressure: Please be sure to drink less than 200ml of water before the examination (before 2 hours of reception time)
- (4) If you have difficulty swallowing food or drinks, and it is easy to get choked, those who have had barium aspiration before, stomach X-ray examination is not appropriate. We recommend to visit a medical institution to have a stomach endoscopy.

※ Even if none of the above applies, you may not be able to receive a medical examination due to your health condition or history.

4 Colorectal cancer mass screening * No reservation required

<How to get a medical examination>

- (1) Bring an examination ticket sticker to the distribution location on the right table and receive the stool collection container.
- (2) In principle, stools should be collected within 2 days including the submission date and submit to the place shown in the table on the right. If not possible, submit within 3 days including the submission date.
- (3) In principle, 2 days' worth of stools should be collected, but due to constipation, etc. if you anticipate that you will not be able to collect two days' worth of stool, please change the part from one stool and take 2 samples.

<Notes for Examination>

- (1) Submission place, reception date and time of the stool collection container for mass examination are shown in the table on the right.
- (2) For the address of the place of submission, etc. Please see P36 of the leaflet of each ward health and welfare center.
- (3) Please also check the P9 of the separate leaflet "Information on Cancer Screening, etc."

Venue	Stool Container Dist *1	Submission dates		
		Submit	Day of week	Opening hours
Chuo Health Welfare Center Health Division Kibol 13th Fl (take orange elevator to 13th fl)	○	○	Wed	13:30~15:30
Hanagawa Health Welfare Center Health Division	○	○	Mon	13:30~15:30
Inage Health Welfare Center Health Division	○	○	Tue	9:30~11:30
Wakaba Health Welfare Center Health Division	○	○	Tue	13:30~15:30
Midoi Health Welfare Center Health Division	○	○	Wed	9:30~11:30
Mihama Health Welfare Center Health Division	○	○	Mon	9:30~11:30
Chiba City Health Center Support Division	○	×		
Chiba Pref Citizen's Protection Foundation General Health Examination Center	×	○	Mon - Fri	9:00~15:00 Except 12:00 - 13:00
Gastric Cancer Group Examination Center	×	○	Date of Examination	9:10~11:00

- ※1 Distribution date and time 8:30 to 17:30 (Weekdays only, closed from Dec 29 to Jan 3)
 ※2 Specimen submission location June 1-February 28
 (Closed on public holidays, August 12, August 15, December 24 to January 4)
 ※3 (Public interest incorporated foundation) Chiba Prefecture Health Prevention Foundation Address: 32-14 Shinminato, Mihama-ku

5 Group screening fees and capacity

Examination Type	By reservation only(you cannot receive examination unless you have reservation)						Reservation Not Required
	Gastric cancer (X-ray inspection)	Lung Cancer	Osteoporosis (Women only)	Uterine cancer	Breast cancer (30s, 50s and over)	Breast cancer (40s)	Colorectal cancer
Fees	1100 yen	300 yen	free	600 yen	600 yen	750 yen	300 yen
Capacity(Plan)	55	130	45	150	50	25	—
Set examination Capacity	① Gastric cancer and lung cancer 110 people ② Lung cancer only 20 people ③ Osteoporosis 45 people			① Uterine cancer only 100 ② Uterine cancer and breast cancer (30s, 50s over) 50 ③ Uterine cancer and breast cancer (40s) 25			—

- ※ Please prepare the examination fee so that there is no change required.
 ※ Those over the age of 70 are free of charge. (Lung cancer screening - Chest X-ray examination only, free for 65 years and older)
 ※ Households with municipal tax exemption are free. Please apply for fee exemption before the examination. (Refer to the separate leaflet "Information on Cancer Screening, etc. P6)
 ※ Capacity is the number of people per half day. Subject to change depending on the situation.

Reservation reception phone

The phone number is in the June issue of the city administration newsletter, or Please see the Chiba City homepage.

(Reservation reception time: Weekdays from 10:00 to 14:00)

<Symbol notation>

◎: Set examination (multiple examinations are possible on the same day, see below *)

★Children's watching over) (There is no children-watching over except at the venue marked ★)

<Examination time>

AM: 9:00 to 13:00

Afternoon: 13: 00-17: 00

Night: 17: 00-19: 00 (Implemented at Chiba City Health Center only on 9/16 (Friday) and 11/17 (Thursday))

	Venue Name	Date	Time		Examination Type					Reservation Start Date	Telephone
			AM	PM	30's	40's	50 up	Uterine cancer	stomach cancer		
Wakaba Ward	Chishirodai Community Center	10/4(火)	●							9/12(月)	
		11/17(木)	●							10/27(木)	
		11/29(火)		●						11/8(火)	
		1/12(木)		●						12/16(金)	
		1/17(火)		●						12/21(水)	
		1/23(月)	●							12/27(火)	
	Mitsuwada Comm Hall	1/31(火)		●						1/11(水)	
		9/26(月)	●							9/2(金)	
		11/15(火)		●						10/25(火)	
Midori Ward	Midori Ward Health Welfare Center	8/22(月)		●						8/1(月)	
		9/2(金)	●							8/15(月)	
		9/13(火)		●						8/24(水)	
		9/27(火)	●	●						9/5(月)	
		10/11(火)	●	●						9/16(金)	
		10/24(月)	●	●						10/3(月)	
		10/28(金)	●	●						10/7(金)	
		11/2(水)	●	●						10/13(木)	
		11/4(金)	●	●						10/14(金)	
		12/8(木)	●	●						11/17(木)	
		12/21(水)	●	●						12/1(木)	
		1/10(火)	●	●						12/14(水)	
		1/11(水)	●	●						12/15(木)	
		1/19(木)	●	●						12/23(金)	
	Kamatori Community Center	2/6(月)	●	●						1/17(火)	
		2/13(月)	●	●						1/24(火)	
		2/22(水)	●	●						2/2(木)	
		2/24(金)	●	●						2/3(金)	
		10/25(火)	●							10/4(火)	
		12/16(金)	●							11/28(月)	
	Toke Community Hall	9/6(火)	●							8/17(水)	
		10/4(火)		●						9/12(月)	
		11/8(火)		●						10/18(火)	
		12/13(火)	●							11/22(火)	
		1/25(水)	●							1/4(水)	
		1/26(木)	●							1/5(木)	
		2/2(木)	●							1/13(金)	
		2/7(火)	●							1/18(水)	
	Honda Comm Hall	2/10(金)	●							1/23(月)	
		2/14(火)	●							1/25(水)	
Tokai Asahi Plaza	Daigondai Comm Hall	2/9(木)	●							1/20(金)	
		10/26(水)	●							10/5(水)	
		2/1(水)	●							1/12(木)	
		10/7(金)	●							9/15(木)	

	Venue Name	Date	Time		Examination Type					Reservation Start Date	Telephone
			AM	PM	30's	40's	50 up	Uterine cancer	stomach cancer		
Mihama Ward	Mihama Ward Health Welfare Center	8/19(金)	●							7/29(金)	
		8/22(月)	●							8/1(月)	
		8/30(火)	●							8/9(火)	
		9/20(火)	●							8/30(火)	
		9/30(金)	●							9/8(木)	
		10/11(火)	●							9/16(金)	
		10/19(水)	●	◎						9/28(水)	
		11/1(火)	●							10/12(水)	
		11/9(水)	●							10/19(水)	
		11/14(月)	●							10/24(月)	
		12/23(金)	●							12/5(月)	
		1/10(火)	●							12/14(水)	
		1/20(金)	●							12/26(月)	
		2/3(金)	●							1/16(月)	
	Takasu Comm Center	2/10(金)	●							1/23(月)	
		2/17(金)	●							1/30(月)	
		9/26(月)	●							9/2(金)	
		9/29(木)	●							9/7(水)	
		10/18(火)	●							9/27(火)	
	Chiba City Health Center	11/2(水)	●							10/13(木)	
		12/13(火)	●							11/22(火)	
		1/20(金)	●							12/26(月)	
		9/15(木)	●							8/26(金)	
		9/16(金)	●	★						8/29(月)	○
		10/7(金)	●					★		9/15(木)	
		11/10(木)	●							10/20(木)	
		11/17(木)	●							10/27(木)	○
		11/18(金)	●	◎				◎		10/28(金)	
		11/24(木)	●							11/2(水)	
		11/28(月)	●							11/7(月)	
		12/2(金)	●					★		11/11(金)	
		12/24(土)	●					◎		12/6(火)	
		1/13(金)	●					◎	◎	12/19(月)	
		1/14(土)	●					◎	◎	12/20(火)	
		1/16(月)	●					◎	◎	12/20(火)	
		1/20(金)	●					◎	◎	12/26(月)	
		1/25(水)	●					◎	◎	1/4(水)	
		1/28(土)	●					◎	◎	1/10(火)	
		2/2(木)	●					◎	◎	1/13(金)	
		2/3(金)	●					◎	◎	1/16(月)	
		2/6(月)	●					◎	◎	1/17(火)	
		2/8(水)	●					◎	◎	1/19(木)	
		2/25(土)	●					◎	◎	2/6(月)	

* Set examination day The examination pattern is as follows.
 Breast • Uterus cancer screening set:
 ① Uterus cancer screening only ② Uterus + Breast cancer screening
 Gastric • Lung • Osteoporosis screening set:
 ① Stomach + Lung cancer screening ② Lung cancer screening only
 (Osteoporosis screening can be done independently or can be added to ① and ②)

2022 year cancer mass screening schedule

Reservation

WEB: From the 1st office opening day of the previous month of the examination date

Phone: Starts from the 14 office opening days before the examination date.

All can be reserved up to 5 days before the opening day of the examination.

* Opening day = Excluding weekends and holidays

Reservation
Method

Internet



Scan this QR code

Or

Chiba City Group Examination Reserve



(Reservation reception time: 24 hours)

Web (from 9 -)		Examination date	Aug 1st - 31st	Sept 1st - 30th	Oct 1st - 31st	Nov 1st - 30th	Dec 1st - 31st	Jan 1st - 31st	Feb 1st - 28th			
		Reservation start date	Jul 1st(Fri)	Aug 1st(Mon)	Sep 1st(Thu)	Oct 3rd(Mon)	Nov 1st(Tue)	Dec 1st(Thu)	Jan 4th(Wed)			
Chuo Ward												
Venue Name	Date	AM	PM	30's	40's	50 up	Uterine cancer	stomach cancer	lung cancer	osteoporosis	Telephone	Reservation Start Date
Chuo Health Welfare Center	8/9(火)											7/20(水)
	8/10(水)											7/21(木)
	8/16(火)											7/26(火)
	10/21(金)											9/30(金)
	11/8(火)											10/18(火)
	11/18(金)											10/28(金)
	11/21(月)											10/31(月)
	1/6(金)											12/13(火)
	2/8(水)											1/19(木)
Soga Community Center	2/10(金)											1/23(月)
	2/24(金)											2/3(金)
	8/31(水)											8/10(水)
	9/9(金)											8/22(月)
	10/20(木)											9/29(木)
	11/10(木)											10/20(木)
	11/16(水)											10/26(水)
	12/12(月)											11/21(月)
	12/14(水)											11/24(木)
Matsugasaki Community Center	12/21(水)											12/1(木)
	2/8(水)											1/19(木)
	1/17(火)											12/21(水)
	1/19(木)											12/23(金)
	9/28(水)											9/6(火)
	11/4(金)											10/14(金)
	12/6(火)											11/15(火)
	1/10(火)											12/14(水)
	1/12(木)											12/16(金)
South Youth Center	2/1(水)											1/12(木)
	9/15(木)											8/26(金)
	8/8(月)											7/19(火)
	8/23(火)											8/2(火)
	9/1(木)											8/12(金)
	9/12(月)											8/23(火)
	9/13(火)											8/24(水)
	9/30(金)											9/8(木)
	10/14(金)											9/22(木)
Hanamigawa Health Welfare Center	11/1(火)											10/12(水)
	11/8(火)											10/18(火)
	11/17(木)											10/27(木)
	11/30(水)											11/9(水)
	12/7(水)											11/16(水)
	12/9(金)											11/18(金)
	12/13(火)											11/22(火)
	12/14(水)											11/24(木)
	12/21(水)											12/1(木)
	1/24(火)											12/28(水)
	1/27(金)											1/6(金)
	1/30(月)											1/10(火)
	2/2(木)											1/13(金)
	2/14(火)											1/25(水)
	2/15(水)											1/26(木)
	2/28(火)											2/7(火)

	Venue Name	Date	Time		Examination Type							Reservation Start Date		
			AM	PM	30's	40's	50 up	Uterine cancer	stomach cancer	lung cancer	osteoporosis	Telephone		
Hamagawa Ward	Hamagawa Ship Meeting Community Place	12/8(木)	●											11/17(木)
		9/27(火)	●							●				9/5(月)
Inage Ward	Inage Health Welfare Center	12/15(木)	●	●						●				11/25(金)
		8/3(水)	●				●							7/13(水)
		8/10(水)	●					●			●	●		7/21(木)
		8/12(金)		●				●						7/22(金)
		8/17(水)	●		●			●						7/27(水)
		9/5(月)	●	●	●									8/16(火)
		10/18(火)	●								●	●		9/27(火)
		10/31(月)	●	●	●									10/11(火)
		11/7(月)	●							●				10/17(月)
		12/5(月)	●				●							11/14(月)
		12/9(金)	●		●			●						11/18(金)
		12/13(火)	●	●										11/22(火)
		12/20(火)	●		●				●			●	●	11/30(水)
		12/23(金)		●					●					12/5(月)
		1/13(金)	●				●							12/19(月)
		1/23(月)	●	●			●							12/27(火)
		1/31(火)	●							●				1/11(水)
		2/13(月)	●		●			●						1/24(火)
		2/14(火)	●				●							1/25(水)
		2/22(水)	●					●			●			2/2(木)
2/27(月)		●					●					2/6(月)		
Wakaba Ward	Wakaba Health Welfare Center	8/1(月)	●				●							7/11(月)
		8/9(火)	●		●						●	●		7/20(水)
		8/15(月)	●				●							7/25(月)
		8/18(木)	●				●							7/28(木)
		8/26(金)	●		●			●						8/5(金)
		9/9(金)		●				●						8/22(月)
		9/12(月)		●				●						8/23(火)
		10/3(月)								●	●			9/9(金)
		10/14(金)							●					9/22(木)
		12/20(火)	●						●					11/30(水)
		12/23(金)	●		●									12/5(月)
		12/26(月)	●							●	●			12/6(火)
		1/16(月)	●					●						12/20(火)
		2/9(木)		●			●							1/20(金)
		2/13(月)	●							●				1/24(火)
		2/15(水)		●					●					1/26(木)
2/20(月)		●										1/31(火)		
2/28(火)		●	●									2/7(火)		

Make sure to read the reverse side