[Items required when moving in] \*Please write your name on all items.

## What to prepare

- ·Cups (for oral care, eating and drinking)
- Drinks
- Laundry detergent
- ·Laundry basket
- ·Laundry net
- Hangers, clothespins
- Indoor shoes
- Outdoor shoes
- •Outerwear (cardigan, jumper, etc.)
- . Refrigerator (food and drinking water are to be managed by the individual)
- •Table clock
- Calendar
- Disposable gloves (M or L size)

- and drinking) Medications to bring with you
  - Medication notebook
  - Health insurance card
  - Disability notebook
  - •Special medical expenses
  - recipient card
  - •Seal (for those who cannot sign for themselves)
  - •Certificate of limit applicability
  - •Cost ratio certificate
  - Waterproof sheet

## Items to prepare if necessary

Care tableware (spoon, chopsticks, etc.)

Thickening material

Apron Straw cap Straw

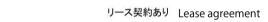
Gargle basin

Sucking bottle Denture case

Denture cleaner

Meals to eat Snacks

- ·Alcohol cotton
- . Shaving
- Rack with drawers, chest of drawers (for storing clothes, etc.)
- •TV (if necessary)
- ·S-hook
- •Safety box (for managing money)
- •Black plastic bag (for diapers, toiletries, etc.)
- •Body pillow (for those who cannot move much)
- •Empty bed bottle, foam body soap (for washing the genitals)
- •Moisturizer





[People with A plan contract]

None

- \_\_\_\_\_
- [People with B plan contract]
- •Bedding (sheets,
- covers)
  •Futon
- •Bed pad
- •Pillow



- [People with C plan contract]
  •Change of clothes
- •Change of clothes •Undergarments
- •Undergarments
- •Undergarments
- •Socks
- •Bath towel
- •Face towel

リース契約なし No Lease agreement



- Toothbrush, toothpaste
- ·Oral sponge, oral gel
- ·tissue
- Body towel
- •Body soap, shampoo
- Bedding (sheets, covers)
- ·futon
- •Bed pad
- ·pillow
- •Change of clothes
- ·underwear
- ·underwear
- ·socks
- ·bath towel
- ·Face towel
- Disposable diapers, rehabilitation pants, urine pads
- Wet wipes

People without diaper plan contract

- •Disposable diapers, rehabilitation pants, urinary pad
- Wet wipes

·

shampoo

toothpaste

e, oral gel

clothes nents nents

rs, rehabilitation pants, urinary pad